

Giving Thanks

What is one gift your children have taught you about yourself?

What are some awesome things that your children bring into your life on a daily basis?

What is your favorite thing about being a parent?

What is something your parents taught you that you are grateful for?

Who can you call when the going gets tough, and you just want to curl up in a ball or are about to start spewing flames out of your eyeballs?

Parenting is a lot of work sometimes. What's something nice you can do for yourself to replenish your resources today? (**Bonus Tip~ Thinking about it is nice, but it only really helps if you actually DO IT.)